



University NEWS LETTER



sbstimes

Vol IX, ISSUE 01-02, JULY-AUGUST 2022

Editorial

Hello readers,

The SBS editorial board committee heartily welcomes you as it brings the July-August issue. Lazy summer vacation is over now and everyday work is back on track. Lets add rejuvenation to our life gained during this summer break and make a re-energised and reinvigorated start.

The highlight of August month is, as our nation celebrates its 76th year of Independence. Along the whole country and world wide, we at SBS University also commemorated the unforgettable efforts of our freedom fighters and all those martyrs who gave their lives for our country's freedom.

There were many educational and pleasant events throughout the month. The students of our agriculture and forestry department organized an Agriculture Exhibition under student ready program ,a two day workshop on neurological developmental training was held at the Department of Physiotherapy, a CME titled Medtalk was organized with collaboration of Arihant Superspeciality hospital.

As this month was also the end of final semester for the students. Many had to leave their hostel life and venture into their journeys ahead. All the final year students were given a memorable farewell by their juniors and the Hon' VC sir also wished best of luck for all their futures.

Happy Reading
Editorial Board

PHOTOGRAPH OF THE MONTH



"Children are the hands by which we take hold of heaven."

Arnab Ganguly
II year B.Pharm.

Hands-on-Training Program at Niramaya Vermicompost, Dehradun

School of Agricultural Sciences and Forestry, Sardar Bhagwan Singh University, Dehradun organized a Hands-on-Training program at Niramaya Vermicompost, Dehradun for B. Sc



Agriculture final year students from 27th June to 5th July 2022.

During the program, students interacted with Mr. Vikramaditya Singh the owner of the Plant and learned about the use of earthworms in compost. Mr. Vikramaditya Singh enlightened the students about the use and benefits of jeevaamrit with vermicompost and different organic pesticides such as neemastra and agneyastra. Students also prepared organic vegetables using vermicompost. After completing the training, students also acquire business skills for organic farming. The Hands-on-Training program was arranged by Mr. Anil Panwar (Coordinator, Department of Agriculture Sciences and Forestry) and Dr. Deepika Chauhan as a part of the student's course curriculum during the summer vacation.

ONE DAY WORKSHOP ON GaitON ANALYSIS SYSTEM



Sardar Bhagwan Singh University, Dehradun organized a workshop on GaitON analysis system for Master in Physiotherapy first-year students on Monday, 01st August. Mr. Siddharth Hans Co-Founder & Product Head of GaitON was present in the workshop as a resource person. Prof. Maneesh Arora (Dean Students Welfare) and Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health) welcomed the dignitary.

Mr. Siddharth Hansen lightened the students about how GaitON system analyzes gait abnormalities. He also mentioned that GaitON system monitored gait changes through muscle imbalances using kinematic graphs and other temporal parameters. Then he demonstrated the system in detail. Mr. Siddharth Hans encouraged and wished all the participants for their bright future. The program was coordinated by Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health). Prof. Arun Mozhi, faculty members, and students were present during the workshop.

Seminar cum Educational visit for B.Sc. (Hons.) Agriculture Students



Sardar Bhagwan Singh University Dehradun organized a Seminar cum Educational visit for B.Sc (Hons.) Agriculture second and fourth-semester students at Indian Meteorological Department, Dehradun. The program was coordinated by Prof. R.K. Bhatt (Ex-Director ICAR- CAZRI & Principal Scientist), Mr. Anil Panwar (Program Coordinator), and Mrs. Hemlata Bhatt (Assistant Professor).

The purpose of the visit was to impart knowledge about agrometeorological weather forecast service in Dehradun Uttarakhand through the network of hundreds of surface and glacial observatories, Upper Air (high altitude) stations, ozone and radiation observatories, and meteorological radar stations. Students learned about various instruments of weather forecasting such as Barometer Radar, Anemometer, wind Vanes, Hygrometers, Rain gauges etc.

Later an informative talk on Advance Technologies and Techniques of Weather and Climate was delivered by Dr. Rohit Thapliyal (Scientist Indian Meteorological Department). Students also learned about the rainfall prediction system.



Farewell Party for BPT and B. Pharma (Batch: 2018-2022) Students

Sardar Bhagwan Singh University, Dehradun organized a farewell party for Bachelor of Physiotherapy and Bachelor of Pharmacy final year students (Batch: 2018-2022) on 5th and 6th August 2022.

On 5th August, the farewell party "Adios Seniors" for Bachelor of Physiotherapy final year students was inaugurated by Prof. Maneesh Arora (Dean Students Welfare) and Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health). Students showcased their poem, singing, and dancing talents and made the moment memorable. At "Adios Seniors", Mr. Umang Uniyal and Ms. Srishti Khanduri bagged the title of Mr. and Ms. Spark; Mr. Kris Raj Singh and Ms. Ayushi Satra bagged the title of Mr. and Ms. Best Look. Mr. Ankit Madhesta and Ms. Anjali Mishra bagged the title of Mr. and Ms. Farewell. Ms. Urmi Chaurasia (Controller of Examination), Capt. Nalini Mehrishi, Prof. Arun Mozhi, faculty, and all the students of physiotherapy were present at the "Adios Seniors" farewell party.

On 6th August, the farewell party for Bachelor of Pharmacy final year students was inaugurated with a lamp lighting ceremony by Prof. Veerma Ram (Officiating Vice Chancellor) accompanied by Prof. Vikas Anand, Ms. Urmi Chaurasia, and Dr. Nidhi Belwal.

Prof. Veerma Ram congratulated B. Pharma 3rd year students for the beautiful arrangement and wished all the B. Pharma 4th year students for their upcoming future. Students welcomed all the dignitaries with saplings.

B. Pharma 3rd year students showcased their dancing talents on contemporary and garhwali songs. Mr. Deepak Rawat presented a rap song on "Ummeed" and Mr. Ayush Uniyal presented mesmerizing singing performance. B. Pharma 3rd year students presented a play on "College Days" and a musical drama on the journey of the B. Pharma 4th year. Mr. Anoop Negi (Assistant Professor, School of Pharmaceutical Sciences and Technology) presented a group of songs for the passing out students. Mohd. Subhi and Ms. Ritika Thapliyal bagged the title of Mr. and Ms. Spark; Mr. Satyam Sharma and Ms. Mahalakshmi Muskan bagged the title of Mr. Gentleman and Ms. Grace; Mr. Gagandeep Singh and Ms. Prabhjot Kaur bagged the title of Mr. and Ms. Farewell. Prizes were distributed by Prof. Veerma Ram, Prof. Vikas Anand, Ms. Urmi Chaurasia, and Dr. C. Nithya Shanthi.

Students promised they will always be in touch as a part of the great alumni heritage of SBS. All the teachers wished the students their bright future. Prof. Maneesh Arora (Dean Students Welfare), Dr. Vikas Singh Jadon, Dr. Mohd. Abu Zaid, Capt. Nalini Mehrishi, faculty, and students were present on the occasion.



Continued Medical Education program titled "Medtalk" in collaboration with Arihant Superspeciality Hospital, Dehradun

School of Physiotherapy and Allied Health Sciences, Sardar Bhagwan Singh University, Dehradun organized a Continued Medical Education (CME) titled "Medtalk" in collaboration with Arihant Superspeciality Hospital, Dehradun on 6th August 2022 to discuss the role of Physiotherapy in Orthopedic Surgeries. The program was inaugurated by Prof. Maneesh Arora (Dean Students Welfare), Prof. Reena Kumari (Head of Department), and Prof. R. Arunmozhi (Coordinator of the CME).



The resource person of the talk was Dr. Vishal Bajpai (Consultant and Head, Department of Orthopedics, Arihant Superspeciality Hospital) and Mr. Salim Javed Khan (Business Development Manager, Arihant Superspeciality Hospital). Dr. Bajpai discussed the importance of Physiotherapy in pre and post surgeries. He also explained the role of physiotherapists in the well-being of intensive care unit patients. This talk helped students to learn about advanced medical techniques and the importance of physiotherapists during emergency conditions.

The Medtalk was concluded with the address of Prof. Maneesh Arora. Dr. Maitri Chaturvedi (Assistant Professor, Dept. of Physiotherapy, School of Physiotherapy and Allied Health Sciences) extended a vote of thanks to all the present dignitaries and esteemed guests.



Farewell Party for M. Pharm. (Batch: 2020-2022) Students



Sardar Bhagwan Singh University, Dehradun organized a farewell party for M. Pharma (Batch: 2020-2022) on 8th August 2022.

The farewell party for M. Pharm. final year students was inaugurated with a lamp lighting ceremony by Prof. Veerma Ram (Officiating Vice Chancellor) accompanied by Prof. Vikas Anand, Ms. Urmi Chaurasia (Controller of Examination), Prof. Mamta F. Singh, Dr. Anupama Singh, and Dr. Arun Kumar Mahato. Students welcomed Prof. Veerma Ram with a flower bouquet. Prof. Veerma Ram congratulated M. Pharma 1st year students for the beautiful arrangement and wished all the M. Pharma final-year students for their upcoming future. M. Pharma 1st and 2nd year students showcased their dancing talents on contemporary and Nepalese songs. Mr. Pritam Sharma presented a group of songs. Mr. Soumyadeep Mukherjee and Ms. Monika Gariya bagged the title of Mr. and Ms. Spark; Mr. Himanshu Joshi and Ms. Ratna Priya bagged the title of Mr. and Ms. Evening; Mr. Aditya Chand and Ms. Riya Mahar bagged the title of Mr. and Ms. Farewell. Prizes were distributed by Prof. Veerma Ram, Prof. Vikas Anand, and Prof. Mamta F. Singh.

Students promised they will always be in touch as a part of the great alumni heritage of SBS. All the teachers wished the students their bright future. All the faculty, and students were present on the occasion.





“Har Ghar Tiranga” टालपांगन



Honorable Prime Minister Shri. Narendra Modi initiated "Har Ghar Tiranga" campaign on the 75th anniversary of Independence. On this occasion Sardar Bhagwan Singh University, Dehradun organized "Har Ghar Tiranga" campaign on Friday 12th August.

The campaign was jointly inaugurated by Prof. Veerma Ram (Officiating Vice Chancellor), Mr. Krishan Rawat (Registrar), and Prof. Manish Arora (Dean Students Welfare). Dr. Nidhi Belwal expressed the importance of "Har Ghar Tiranga" campaign. Then students took out a tricolor rally to celebrate the 75th anniversary of Independence in a grand manner. Teachers and students went door-to-door in Balawala, Nathuawala, and Tunwala areas to make people aware of the campaign.

University distributed more than 1000 tricolors and urged every household to hoist the tricolor in their respective homes from 13th to 15th August. All the teachers and students actively participated in the campaign.



76th Independence Day with patriotic zeal and enthusiasm



Sardar Bhagwan Singh University, Dehradun celebrated 76th Independence Day with great zeal and enthusiasm. The program was started with a flag hoisting ceremony by Prof. Veerma Ram (Officiating Vice Chancellor), Shri. Krishan Rawat (Registrar), Prof. Maneesh Arora (Dean Student Welfare), Ms. Urmi Chaurasia (Controller of Examinations) and Mr. Zorawar Singh (Manager). The Faculty and Staff of the University sang the National Anthem. University choir presented a group of patriotic songs. Prof. Veerma Ram addressed the gathering and remembered the supreme sacrifice of all those brave warriors who laid down their lives for Independence. Prof. Veerma Ram stated that Honorable Prime Minister Shri. Narendra Modi had started "Azadi ka Amrit Mahotsav" on 12th March 2021 from Sabarmati Ashram. University student, Vaishnav Amoli (B.Sc. Biotech) and Meenal Jangid (BPT) gave speech on the value of freedom. On this occasion, Dr. Luvkush (Academic Advisor) spoke about the role of the younger generation in the upliftment of the Nation.

On this occasion, the winners of Inter House Creative Writing were awarded by the dignitaries.

First prize winners in all categories were as follows:

Himanshu Joshi (Essay English), Sonali Singh (Essay Hindi), Mansi Mangain (Story English), Meenal (Mythology English), Neelabh Verma (Mythology Hindi), Riya Zukaria (Poem English), Nidhi Rani (Poem Hindi) and Neelabh Verma (Caricature).

The program was anchored by Dr. Maitri Chaturvedi. The program was coordinated by Captain Nalini Mehrishi Ms. Dipika Ahuja and Dr. Nidhi Belwal. Heads of all departments, in-charges, coordinators, teachers and students were present on this occasion.



Farewell Party for B. Sc Agriculture Sciences and Forestry students



Sardar Bhagwan Singh University, Dehradun organized a farewell party for B. Sc Agriculture Sciences and Forestry students. The farewell party was inaugurated with lamp lighting by Prof. Veerma Ram (Officiating Vice Chancellor) accompanied by Prof. Maneesh Arora (Dean Students Welfare), Ms. Urmi Chaurasia (Controller of Examination), Prof. Reena Kumari (Head of the Department, School of Physiotherapy and

Allied Health), Dr. Ram Krishna Bhatt (Former Director ICAR CAZRI) and Mr. Anil Panwar (Program Coordinator). On this occasion, University students Shwetanshu, Ajay, Anjali, Neha, Saloni, Sapna, Anisha, Jyoti, Anisha, Hemant, Dhananjay, Shruti, Vaishnav, and Vinita unveiled their singing and dancing talents on Garhwali, Punjabi, Himachali and Rajasthani songs. Prof. Veerma Ram wished all the final-year students for their upcoming future. Mr. Anil Panwar said that only hard work can give you real success in life, never take a shortcut, shortcut gives you instant success but it will never belong-lasting.

Mr. Tilak Giri and Ms. Vinita Thakur bagged the title of Mr. and Ms. Farewell. Students promised they will always be in touch as a part of the great alumni heritage of SBS.

The program was attended by Prof.(Dr) N. P Todaria (Former Dean, School of Agriculture and Allied Sciences HNB Garhwal University), Dr. Rajveer Kapsuri, Heads of the Departments, faculty, and students.



Farewell Party for B. Sc MLT/MM and B. Com Students



Sardar Bhagwan Singh University, Dehradun organized a farewell party for B. Sc MLT/MM and B. Com students (Batch: 2019-2022).

The farewell party was inaugurated with lamp lighting by Prof. Veerma Ram (Officiating Vice Chancellor) accompanied by Prof. Maneesh Arora (Dean Students Welfare), Ms. Urmi Chaurasia (Controller of Examination), Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health), and Dr. Pooja Naudiyal.

Students accorded all the dignitaries with a flower bouquet. Prof. Veerma Ram congratulated junior students for the magnificent arrangements and wished all the final year students for their future endeavors.

Students showcased their singing and dancing talents in various contemporary and folk songs. Ms. Mamta Joshi, Ms. Kanika Kotnala, and Ms. Isha bagged the title "Spark of the Evening". Mr. Ravindra Singh and Ms. Divya Kumari bagged the title of Mr. and Ms. Farewell (B. Sc MLT/MM). Ms. Ritika bagged the title of Ms. Farewell (B. Com). Students promised they will always be in touch as a part of the great alumni heritage of SBS. The program was attended by Heads of the Departments, faculty, and students.



Diploma Pharmacy Students visit Kailash Hospital, Dehradun



Sardar Bhagwan Singh University, Dehradun organized a field visit for Diploma in Pharmacy 1st Year students to Kailash Hospital, Dehradun on Monday 22nd August. Mr. Shubham Shaily (Assistant Professor) and Ms. Sandhya Semwal (Assistant Professor) accompanied these students.

Mr. Vineet Kumar Malik (Assistant Manager Marketing, Kailash Hospital) warmly welcomed the students and teachers of the University. During the visit, students came to know the process of Biomedical Waste Management. Students also learned about the steps involved in segregation, storage and safe disposal of biomedical waste. Through this visit, future pharmacists got to know how important it is to know about the use of medicines as well as proper waste management techniques related to it.



Agriculture Exhibition under the “Student READY Program” for Agricultural Sciences and Forestry Students



School of Agricultural Sciences and Forestry of Sardar Bhagwan Singh University, Dehradun organized an agriculture exhibition as a part of the “Experiential Learning Programme” under the Student Rural Entrepreneurship Awareness Development Yojana (Ready) Program-An initiative of ICAR for final-year students to develop competence capability and acquire skills on 22nd and 23rd August 2022.

The program was inaugurated by Mr. Krishan Rawat (Registrar) accompanied by Prof. Maneesh Arora (Dean Students Welfare), Ms. Urmi Chaurasia (Controller of Examination), and Mr. Anil Panwar (Program Coordinator). Dr. R. K. Bhatt (Former Director ICAR CAZRI) explained ten key points for a successful entrepreneur like focus, confidence, creative thinking, delegation, determination, independence, knowledge-seeking, promotion, relationship-building, and risk-taking capacity.

On this occasion, students exhibited self-made processed products like apple jam, tomato ketchup, varieties of pickles, mix fruit chutney, and organic pesticides (Agniastra and Neemastra). Mr. Anil Panwar said that discipline and determination were the two keys to a successful business. The program was attended by Dr. Deepika Chauhan, Dr. Shreevardhan Dheeman (Member ELP Research and Development), Ms. Neha Joshi (Survey Incharge), Mr. Govind Rana (Production Manager), Ms. Hemlata Bhatt, Heads of all departments, faculty members and students.

Two Days Workshop on Neuro Developmental Training



Sardar Bhagwan Singh University, Dehradun organized two day’s workshop on Neuro developmental Training for BPT (final year students) and MPT (Neurology) students on 27th and 28th August. Dr. Harihara Prakash, an expert in Pediatric Neurology was present as a resource person.

Prof. Veerma Ram (Officiating Vice Chancellor) and Prof. Reena Kumari (Head of the Department, School of Physiotherapy and Allied Health) welcomed Dr. Harihara Prakash with a memento as a token of gratitude.

The workshop mainly focused on functional activities and tasks related to the improvement of posture and movements of child with cerebral palsy. Dr. Harihar Prakash discussed the minute details of the technique in Hands-on Training. The program was coordinated by Dr. Manish Jha and anchored by Dr. Maitri Chaturvedi. The workshop came to an end with a formal vote of thanks given by Prof. Reena Kumari. All the faculty members and students were present during the workshop.



Operation MUKTI- An Initiative of Uttarakhand Police



Operation MUKTI- An initiative of Uttarakhand Police against child begging was held at Sardar Bhagwan Singh University, Dehradun on 30.08.2022. The Nodal Officers of Operation MUKTI, Shri. Anil Joshi (Deputy Superintendent of Police), Shri. Hemant Khanduri (Incharge-Child Trafficking) and Ms. Anita Negi (Sub-Inspector) were present. Prof. Veerma Ram (Officiating Vice Chancellor), Mr. Zorawar Singh (Manager), and Ms. Urmi Chaurasia (Controller of Examination) welcomed all the dignitaries with flower bouquets.

In 2017, Mr. Ashok Kumar (Director General of Police, Uttarakhand) took the initiative to motivate economically weak, destitute children to move on the path of education. The motto of the campaign is "Say No to Begging, Yes to Education."

During the campaign, Shri. Hemant Khanduri said that "Education is the fundamental right of every child - It is our duty that no child should be deprived of this right." Shri. Anil Joshi interacted with the students and said that the innate power of every child extended to the sky high. Education is the only way to become successful in life. Ms. Anita Negi mentioned that by this campaign we can reduce the crime rate in near future.

Mr. Krishan Rawat (Registrar) thanked all the dignitaries for visiting the University and assured the cooperation of the University in making this initiative a great success.

The program was anchored by Ms. Falguni Anil (BPT, 3rd Year). All the faculty members and students were present during the program.

Rotaract Club of SBS University, Distributed School Uniforms



Rotaract Club of Sardar Bhagwan Singh University, Dehradun distributed 100 complete school uniforms to the boys and girls of Government Primary School, Balawala on 31st August. In this program, Rotarians interacted with the students about their studies and sports activities. Ms. Rekha Rani Semwal (Principal), Ms. Hemanti Bhandari (Teacher), Ms. Hema Raturi (Teacher), and Ms. Yasoda Maithani (Teacher) of Government Primary School, Balawala thanked the Rotaract Club of SBS University to take this commendable step.

The program was organized by Mr. Shubham Shaily (Co-Convener, Rotaract Club), Ms. Lata Bisht (Member, Rotaract Club), Ms. Swati Dobhal, Mr. Anuj Gupta (President, Rotaract Club), and Ms. Garima Darmwal (Secretary, Rotaract Club).



An ode to the Martyr's

Memories in our heart

Pride in our soul

Faith in our words

Freedom in our mind

We salute our flag

We respect our country

The symbol of our country represents
the best of who we are

Signifies free and proud country

Shining light both near and far

All the sacrifices that our brave men
and women have made

Others might have forgotten

But never can I

May the tri colour of my country fly
very high

Bhawana Sharma
M.Sc. MLT III Sem

AN ACT OF KINDNESS

I went to a garden;
With the ground so harden;
It felt my presence and left a cry;
And said "make me beautiful, can you try?"
"I felt sorry;
For that old glory;
And promised I will make it happy from sad;
As my act of kindness was all it had.
An act of kindness is all it takes;
For every kind of shapes;
No matter if you are not blessed;
It will come back to you when you are messed.
I went near a river;
Which was full of litter;
It felt my presence and left a cry;
And said, " Make me clean can you try?"
"I felt sorry;
For that old glory;
And promised I will make it clean from bad;
As my act of kindness was all it had.
An act of kindness is a simple thing;
To make someone smile in a swing;
You just have a take a initiative;
And you won't know how they will levitate.
An act of kindness only takes a little time;
If you do not think it's a crime;
It will make someone smile;
And make your heart light for a while.
So with a small spark;
Try to start;
To be kind;
Because this is the only thing the
world finds.

Riya Jukariya
B.Pharm



Patron: Shri S.P. Singh, Chairman, Dr. Gaurav Deep Singh, Chancellor, Mr. Zorawar Singh, (Manager) Gaurav Bharti Shiksha Sansthan
Publisher: Prof. Veerma Ram, Vice-Chancellor (O)
Advisors: Dr. Luv Kush (Academic Advisor), Mr. Krishan Rawat (Registrar), Ms. Urmi Chaurasia (Controller of Examination)
Editorial Board: **Chief Editor:** Dr. C.Nithya Shanthi; **Co-Editor:** Dr. Pooja Naudiyal, Ms. Gauri Kukreti
Members: Ms. Saundarya Deepak, Dr. Deepanshu Rana, Ms. Alka Singh, Mr. Ankit Pundir
Student Editors: **Student Secretary:** Ishika Tanwar; **Members:** Sheela Bist, Supriya Negi, Khushi Baweja, Bhawana Kandpal, Bhawana Sharma, Kajal Chamoli, Layba Hussain, Manisha Thapliyal,
E-mail : sbbspjpublication@gmail.com/pcws.sbsu2018@gmail.com (for Editorial Board)